

# About Project Kealahou



## For Parents and Caregivers

### Quick Facts

Project Kealahou, which means “a new pathway” in the Hawaiian language, focuses on improving the lives of girls who have experienced significant trauma.

The Project is a six-year (2009-2015), federally funded SAMSHA (Substance Abuse and Mental Health Services) grant.

Tia Roberts, MSW, MSCJA, is our project director.



### Project Kealahou

HI Dept. of Health, Child and Adolescent Mental Health Division  
3627 Kilauea Avenue  
Room 101  
Honolulu, Hawai'i 96816

### Web

[www.projectkealahou.org](http://www.projectkealahou.org)

### Phone

(808) 733-9859

### Fax

(808) 733-9357

### E-mail

[info@projectkealahou.org](mailto:info@projectkealahou.org)

Navigating pathways to healing

Revised 2/7/2011

## Who We Are

Project Kealahou's vision is for girls who have experienced trauma to navigate new pathways to balanced, responsible, connected lives now – and pass down this way of life to future generations.

Project Kealahou collaborates with Hawai'i Families As Allies (HFAA), a statewide family organization. HFAA is a parent-guided, family network organization, recognized as a voice of families, children and youth with emotional, behavioral and mental health

## What We Do

Project Kealahou will serve about 400 girls over four years across all the major child-serving agencies: the Departments of Health, Human Services and Education, the Judiciary, and in nonprofit organizations.

### Family Activities

- Caregiver/child bonding activities to increase family connectedness (ex. family lunch time, hiking trips).
- Caregiver activities, a time to relax and self-reflect (ex. sightseeing tours, karaoke time, holiday shopping trip). Snacks/food and drinks are provided.

challenges. HFAA is the state chapter of the National Federation of Families for Children's Mental Health, a national family-run organization that advocates for system change so families are valued and treated as true partners.

### Lani Carrillo is our parent support coordinator.

Here's how Lani can support you as a parent/caregiver:

- Helping children succeed at home, school and in the community by helping develop positive working

relationships among families and government agencies.

- Ensure families are included in the decision-making process of their child's service plan and the delivery of service.
- Helping families understand their rights and responsibilities when working with agencies.
- Facilitating support groups, informational workshops and family activities.
- Coordinate activities that reduce isolation, gather and disseminate information and strengthen the family voice.

## Contact Us

Lani is here for you as a parent and caregiver. Please don't hesitate to call her if you need help, or have any questions or concerns.

Lani Carrillo  
Parent Support Coordinator  
Phone: (808) 692-2355  
Email: [lani.carrillo@hfaa.net](mailto:lani.carrillo@hfaa.net)

Lani has a lot of experience working for organizations and agencies that service and advocate for children and families. Through her personal experiences of having a child and nephew with disabilities, she has learned to navigate different service systems and help others. Lani's passion is to impact future Hawai'i generations by working with child-serving agencies that support families.

- Child care reimbursements are available to families participating in family activities.

### Governing Council

- We've developed a Governing Council made up of youth, community and family members and state agencies structured to advise and provide feedback on all areas of the initiative and propose their own ideas.
- Child care reimbursements and a stipend are provided to families participating in Governing Council.